

NEW CLIENT INTAKE FORM

PERSONAL/FAMILY RECORD:

Client Name: _____ Date: _____

Address: _____ DOB: _____

Sex: _____

Email Address: _____

Employer: _____

Occupation: _____

Highest Level of Education Completed (please circle):

Some HS HS Diploma GED Some College Bachelor's Master's PhD

Marital Status (please check):

Single _____ Engaged _____ Married _____ How long? _____

Separated _____ How long? _____ Divorced _____ How long? _____

Widow/er _____ How long? _____

If married, Spouse's Name: _____

Spouse's Occupation: _____

If you have children, please list their names, age, and sex. Do they live in the home with you?

Victoria Easom, M.A., LPCI
Restore Counseling, LLC
27 Gamecock Ave., Suite 202
Charleston, SC 29407
843.608.0714

How did you hear about us? Specify referral source if applicable. _____

COUNSELING HISTORY:

Have you ever been in counseling/therapy for any reason? **Y** or **N**

If so, when and for what reason?

How long were you in counseling/therapy? _____

Are you currently working with another Counselor, Psychologist, or Support Group? **Y** or **N**

If yes, please indicate reason & when you began?

INTEGRATION OF FAITH IN THERAPEUTIC PROCESS:

Please indicate below to describe how important faith/spirituality is in your life:

____ Significant ____ Moderate ____ Very little ____ Not at all

Please indicate your desire for an integration of your faith/spirituality in counseling: **Y** or **N**

Comments: _____

PHYSICAL HEALTH HISTORY:

Name & phone nr. of Primary Care Physician: _____

Are you currently taking any prescription drugs: **Y** or **N**

Please list any medications you are presently taking, including over the counter meds, herbal supplements, or vitamins: _____

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Please list any medication allergies: _____

How would you describe your physical health (please circle)?

Excellent Good Fair Poor

Are you currently seeing any other wellness professionals? (Physical Therapist, Massage Therapist, Acupuncture, Chiropractor, etc.) **Y** or **N**

If **Y**, please indicate: _____

Do you use tobacco? **Y** or **N**

If **Y**, please indicate type & frequency of use: _____

Do you drink alcohol? **Y** or **N**

If **Y**, please tell me what you typically drink, the average number of drinks consumed, and how frequently you drink.

Have you ever used drugs? **Y** or **N**

If **Y**, please indicate type & frequency of use: _____

Do you currently use drugs? **Y** or **N**

If **Y**, please indicate type & frequency of use: _____

Have you ever participated in any type of alcohol/drug treatment? **Y** or **N**

If **Y**, indicate name of program & length of time enrolled: _____

PSYCHIATRIC/BEHAVIORAL HEALTH HISTORY:

Have you ever been admitted to an inpatient psychiatric facility, mental hospital, or other mental health facility? **Y** or **N**

If **Y**, for what reason? _____

When? _____ Where? _____

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Have you ever discussed past or current problems with a physician or other Mental Health Professional?
Y or **N**

If **Y**, please indicate dates, nature of concern, type of professional consulted, & result:

Are you currently prescribed any psychotropic medications? **Y** or **N**

If **Y**, list start date, name, & dosage for each medication prescribed:

Have you been prescribed any psychotropic medications in the past? **Y** or **N**

If **Y**, list start date, name, & dosage for each medication prescribed:

Do you have thoughts or plans to harm or kill yourself or someone else? **Y** or **N**

If **Y**, please explain: _____

Has anyone in your family been treated for psychiatric issues or been admitted to a mental hospital or inpatient psychiatric facility? **Y** or **N**

If **Y**, indicate relationship to you & your knowledge of treatment: _____

Has any member of your family or any close friend committed suicide? **Y** or **N**

If **Y**, please explain: _____

Do you have a history of:	Physical Abuse?	Y or N
	Sexual Abuse?	Y or N
	Domestic Violence?	Y or N

SOCIAL HISTORY:

Where were you born? _____ Raised? _____

How often did you move as a child? _____

Is your Father living? **Y** or **N**

Is your Mother living? **Y** or **N**

If **Y**, where? _____

If **Y**, where? _____

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How would you describe your relationship with your father (please circle)?

Excellent Good Fair Poor Non-Existent

How would you describe your relationship with your mother (please circle)?

Excellent Good Fair Poor Non-Existent

Who lived in your childhood household? _____

Number of brothers: _____ Number of sisters: _____ Your Birth Order: _____

Are your parents divorced? **Y** or **N**

If **Y**, what was your age at the time? _____

As a student, did you struggle academically or socially? **Y** or **N**

If **Y**, please describe: _____

Did you have difficulty getting along with peers or teachers? **Y** or **N**

If **Y**, please describe: _____

Were you ever placed on probation (academic or otherwise), suspended, or expelled from school?

Y or **N**

If **Y**, please explain: _____

Have you ever or do you now experience difficulty getting along with your employer or coworkers?

Y or **N**

If **Y**, please describe: _____

CURRENT CONCERNS:

Please explain what brings you here today or the reason for your referral:

How long has this been a problem? _____

Describe your current mood: _____

Nature of *current major stressors* (please circle all that apply):

Marital Family Financial Legal

Other(s): _____

Tell me briefly what you have been doing to address the issues that bring you in today:

Please circle below if you have ever experienced any of the following & indicate the age of occurrence or onset:

	Age		Age
Depression		Anger	
Worrying		Anxiety	
Fear		Panic	
Nightmares		Bed Wetting	
Blackouts		Excessive Drug Use	
Eating Problems		Excessive Alcohol Use	
Sleep Problems		Auditory/Visual Hallucinations	
Sexual Issues		Feelings of Persecution	

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Stuttering/Stammering		Reckless Driving	
Fire Setting		Thoughts of Harming Others	
Stealing		Thoughts of Harming Yourself	
Excessive Caffeine Use		Running Away	
Feeling that you are a Loner		Sexual Abuse	
Physical Abuse		Verbal Abuse	
Animal Cruelty		Irritability	